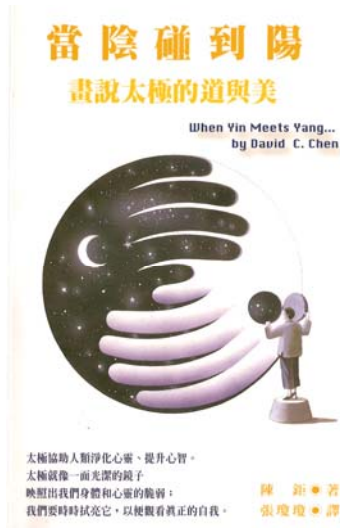


When Yin Meets Yang: Illustrated Wisdom on Taijiquan and its Philosophy by David Chen

David Chen was a professional illustrator for 20 years. His work has appeared in many national magazines, advertisements, and institutional exhibits. David's illustration style is whimsical and colorful. His creativity and humor are apparent in his many mentally engaging and visually appealing works of art and his book, *When Yin Meets Yang*.



In addition to being a successful commercial artist, David was an avid practitioner and teacher of Taijiquan. His passion for Taiji philosophy and practice was evident in all aspects of his life. A four-time gold medalist in national and international Taiji championships, he also wrote and translated many articles for Taiji magazines. David founded the Wu Wei Taiji Studio in 2000 and established four branch schools in the Washington area, all of which continue to thrive and grow under the direction of his wife and partner, Joanne Chang.

This book brings together David Chen's two arts, the creativity and whimsy of his beautiful illustrations and his unceasing exploration of Taijiquan. Unlike most Taijiquan books, which are targeted toward specific styles or lineages, this book is not about external movements and classical theory. Instead, it focuses on the wisdom hidden in everyone's practice that applies to all styles and aspects of Taiji.

Today, Taijiquan has become a very popular exercise in almost every corner of the world. Among the hundreds of Taijiquan related books on the market, this little book is unique. There are no confusing photo postures to follow and no mystical theory to ponder. This little book is a "Chicken Soup" of Taijiquan for students' backpacks, as well as a picture book for their bedside table.

In "When Yin Meets Yang," David combines his years of Taijiquan training and research with the beauty of his conceptual illustrations to create a book which offers profound messages and inspirational artwork to enhance and deepen the practice and appreciation of Taiji for practitioners of all levels. It is a welcome addition to the collections of anyone interested in Taijiquan.

Sadly, David left us prematurely after suffering complications following surgery, but his engaging spirit, his great artistic talent, and his deep love of Taijiquan live



Don't just do the movements—feel them!
不要只是「做」動作——要「感覺」動作。

on in this wonderful book. You can also find more examples of his beautiful artwork at www.davidchenart.com. His Taijiquan articles and art as well as information on his Taijiquan school can be found at www.wuweitaichi.com.

If you would like to purchase a copy of “When Yin Meets Yang” contact Joanne Chang at Joanne@wuweitaichi.com. The cost is \$20 per book, plus shipping and handling. All proceeds from book sales go to the construction of the David Chen Memorial Tai Chi Court in Cabin John Regional Park, Montgomery County, MD.

太極拳就像一面光潔的鏡子——
映照出我們身體和心靈的脆弱；
我們要時時拭亮它，以便觀看真正的自我。

*Taijiquan is like a bright mirror—
it reflects our physical and mental weakness;
we need to polish it constantly in order to see our true selves.*

